

SAINT BENEDICT OF NURSIA



Benedict of Nursia was a saint from Italy, the founder of Western Christian monasticism, and a rule-giver for cenobitic monks.

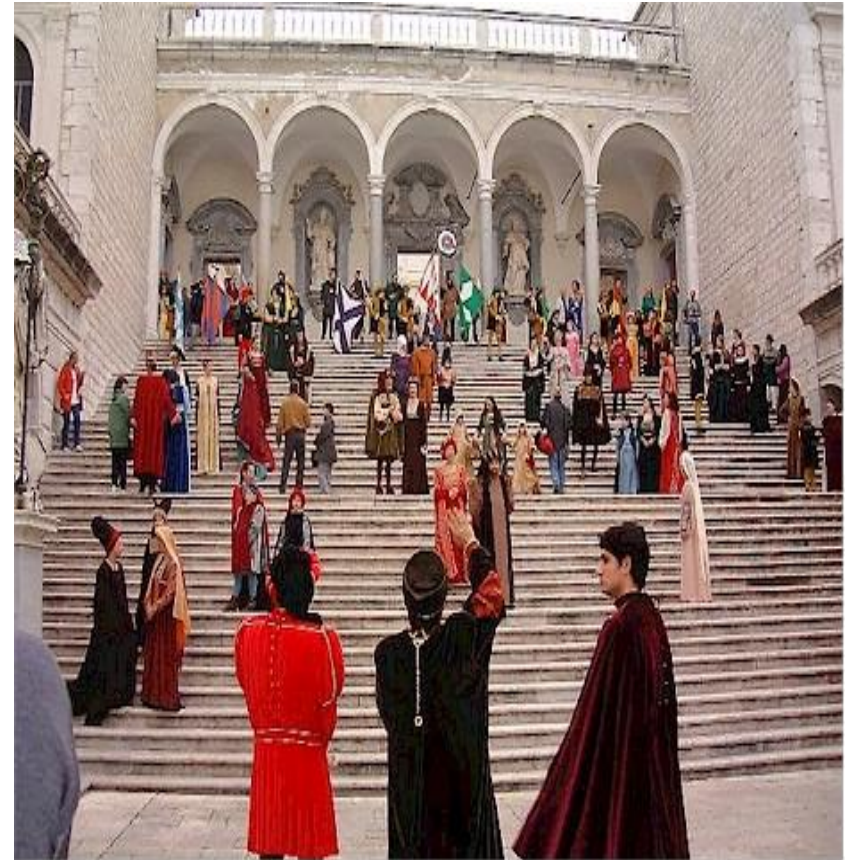
COMING BACK IN THE PAST



- Maybe you don't know that Saint Benedict of Nursia, patron saint of Cassino, is also patron saint of Europe.
- During the week between the 15th and the 21st of March in Cassino we try to recreate the life in VI century when saint Benedict founded Montecassino abbey.

THE HISTORIC PROCESSION

If you're having a walk and it's the time of Saint Benedict, you may watch the historic procession: in it, men, children and women wear typical clothes of the medieval age, and they walk through all the city.



MEDIEVAL STALLS

- Every year in a central square of Cassino, they fit out stalls that sell typical medieval products, such as a specific type of bread, cheese and soap. If you want to buy something, you'll have to change modern money with ancient money.



“ORA ET LABORA”

- “Ora et labora” is the primary rule among the precepts for his monks.
- It means “Pray and work”.



FINALLY...

- ...At the end of the celebration on 21st March citizens can watch the fireworks' show.

